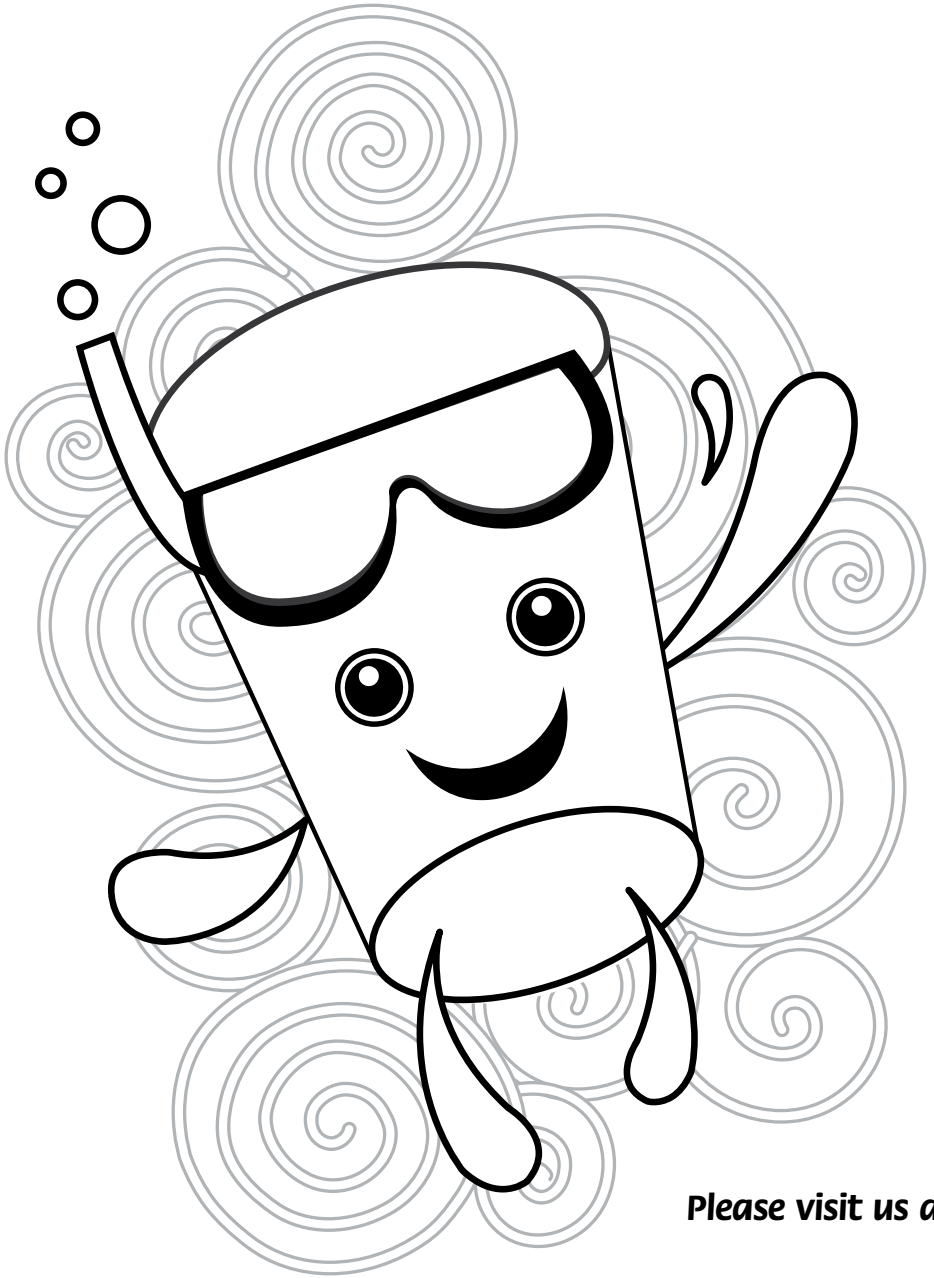
SIP SMART! BC™



							17 C			12 E							
							O			N							
10 2 T	H	I	R	T	Y		L			E							
H						15 W	A	T	E	R							
I					13 P					G			3 T				
R					O		16 F			Y			E				
T				11 S	P	O	R	T	S	D	R	I	N	K	S		
E			5 S				U			R							
E			E				I			I							
7 N	U	T	R	I	E	N	T	S		N							
			V				P			K							
			I				U			S			18 A	D	D	E	D
			N				N						C				
			G				9 C	A	F	4 F	E	I	N	E			
							H			R			D				
										U							
							14 J	U	I	C	E						
					6 M					T							
					18 I	C	E	D	C	O	F	F	E	E			
					L					S							
					K					E							

Please visit us at www.bcpeds.ca